How you can support HEDIS scores

The Healthcare Effectiveness Data and Information Set (HEDIS) provides a standardized method for managed care organizations to collect, calculate and report information about their performance. This allows employers, members and consumers to compare different plans. Health plans use HEDIS results themselves to see where they need to focus their improvement efforts.

HEDIS has evolved over time and is now adapted to the Medicare and Medicaid managed care programs. It’s a tool used by more than 90 percent of America’s health plans to measure performance on important dimensions of care and services.

HEDIS includes multiple measures divided into eight basic categories. Each category contains its own specific performance measures.

Below is a summary of key HEDIS measurements related to children’s health. By promoting and following these guidelines, you can help us maintain strong HEDIS scores.

WELL-CHILD EXAMS
• Ages 0 to 15 months: 6 well-care visits (at least 2 weeks apart) with a primary care provider (PCP), to include health and development history, physical exam and health education/anticipatory guidance
• Ages 3 to 6 years: Annual well-care visits with a PCP, to include health and development history, physical exam and health education/anticipatory guidance
• Ages 12 to 21 years: Annual well-care visits with a PCP or ob/gyn, to include health and development history, physical exam and health education/anticipatory guidance

LEAD SCREENING
For children enrolled in Medicaid, federal law requires a blood lead level measured at 12 and 24 months of age. Children between the ages of 3 and 5 years of age must receive a blood lead test immediately if they have not been previously tested for lead poisoning.

DENTAL VISIT
Medicaid enrollees from ages 2 to 21 years should have at least one dental visit annually.

Fluoride varnishes are a safe, inexpensive and effective way to help prevent cavities in infants’ and children’s teeth. Fluoride varnishes can be applied by medical or dental providers. The Wisconsin Medicaid program will pay for the application of fluoride varnish for children by certified health professionals such as doctors, nurses, dental hygienists and physician assistants.

The appropriate use of resources
MHS Health Wisconsin and its partners have utilization and claims management systems in place to identify, track and monitor care provided to our members. We want to ensure members have access to appropriate, quality care.

We do not reward practitioners, providers or employees who perform utilization reviews or issue denials of coverage or care. Utilization management (UM) decision-making is based only on appropriateness of care, service and existence of coverage.

Financial incentives for UM decision makers do not encourage decisions that result in under-utilization. Denials are based on lack of medical necessity or lack of covered benefit.

Utilization review criteria have been developed to cover medical and surgical admissions, outpatient procedures, referrals to specialists and ancillary services. MHS Health Wisconsin uses nationally recognized criteria (e.g. InterQual) if available for the specific service; other criteria are developed internally through a process which includes thorough review of scientific evidence and input from relevant specialists. Criteria are periodically evaluated and updated with appropriate involvement from physician members of our UM Committee.

Providers may obtain the criteria used to make a specific decision by contacting the Medical Management Department at 1-800-222-9831. Practitioners also have the opportunity to discuss any UM denial decisions with a physician or other appropriate reviewer at the time of notification.

LEARN MORE: Our UM staff is available 8 a.m. to 5 p.m. at 1-800-222-9831.
Make a difference: Cervical cancer among Hispanic women

According to the Centers for Disease Control and Prevention (CDC), Hispanic women in your practice have a higher chance of getting cervical cancer later in life than non-Hispanic women.

The HPV vaccine is an effective way to prevent many cases of cervical cancer, but only 57 percent of adolescent girls are getting the first dose. The CDC recommends medical providers give the HPV vaccine the same way and the same day the Tdap and meningococcal conjugate vaccines are given. When you discuss the HPV vaccine with parents, confirm its value in preventing cancer. Parents may consider HPV a sexually transmitted disease and may believe their children don’t need the vaccine if they aren’t having sex. You can explain that HPV is so common that almost everyone in the U.S. will be infected by it at some point. So even if a child waits many years to have sex or only has one partner, there’s a good chance he or she will be exposed.

Read more tips for discussing this important vaccine at www.cdc.gov/vaccines/who/teens/for-hcp-tipsheet-hpv.pdf.

Behavioral health services for your patients

If you have patients who struggle with depression, anxiety, substance abuse or other behavioral health conditions, we have resources to help.

MHS Health Wisconsin offers our members access to all covered, medically necessary behavioral health services. You can learn more about our behavioral health services at www.cenpatico.com.

For help identifying a behavioral health provider or for prior authorization for inpatient or outpatient services, call 1-800-589-3186.
Medical record maintenance

Consistent and complete documentation in medical records is an essential part of quality care. We ask that participating practitioners keep uniform and organized medical records that contain member demographics and medical information regarding services rendered.

Medical records must be maintained in an organized system in compliance with our medical documentation and record-keeping standards. The intent with these standards is to help practitioners maintain complete medical records for all members, consistent with industry standards, and to meet state contract requirements.

A complete medical record must be maintained on each member for whom the practitioner has rendered healthcare services. These records must be protected from public access and any information released must comply with HIPAA guidelines.

Upon request, all participating practitioner medical records must be available for utilization review and QI studies — including HEDIS — as well as regulatory agency requests and member relations inquiries, as stated in the provider agreement.

Additionally, practitioners must provide a copy of a member’s medical record upon reasonable request by the member at no charge.

The following is a list of the minimum required standards for practitioner medical record-keeping practices:

ORGANIZATION AND CONFIDENTIALITY

- Records are organized and stored in a manner that allows easy retrieval.
- Records are stored in a secure manner that allows access by authorized personnel only.
- Staff receive periodic training in member information confidentiality.

DEMOGRAPHIC CONTENT

Records should include:

- Patient identification information (patient name or identification number) on each written page or electronic file record
- Identity of the provider rendering the service

CLINICAL CONTENT

Records should include:

- All services provided directly by a practitioner who provides primary care services
- Date that the service was rendered
- All ancillary services and diagnostic tests ordered by the practitioner
- Explicit notations in the record for follow-up plans for abnormal lab and imaging study results; all entries should be initialed and dated by the ordering practitioner to signify review
- Documentation of all diagnostic and therapeutic services for which a member was referred to by a practitioner, including follow-up of outcomes and summaries of treatment rendered elsewhere such as: home health nursing reports, specialty physician reports, hospital discharge reports (emergency room and inpatient) and physical therapy reports
- History and physicals
- Allergies and adverse reactions (prominently documented in a uniform location)
- Problem list
- Medications
- Immunization records
- Documentation of clinical findings and evaluation for each visit (including appropriate treatment plan and follow-up schedule)
- Preventive services / risk screenings provided
- Documentation of health teaching, counseling and/or age appropriate anticipatory guidance
- Advance directives
- Documentation of failure to keep an appointment
- Documentation of physical health medical record information sent to behavioral health providers, if applicable
- Documentation of cultural, interpretation or linguistic needs; if not applicable, then documented as N/A

Appointment availability

MHS Health Wisconsin works with contracted providers like you to establish clear standards for availability and wait times. When scheduling services, members should be able to make appointment as follows:

- Emergency visit — immediately upon request of appointment
- Urgent visit — within 24 hours of request of appointment
- Non-urgent, symptomatic care — within seven calendar days of request of appointment
- Foster care physical — within 48 hours of request of appointment
- Routine physical exam (HealthCheck) — within 30 calendar days of request of appointment
- High-risk prenatal care — within two weeks of a request of appointment; within three weeks if the request is for a specific provider
- Physical or sexual abuse assessment — immediately upon request of appointment

For office wait times, these standards should be followed:

- Wait times for scheduled appointments should not exceed 30 minutes.
- Walk-in patients with non-urgent needs should be seen if possible or scheduled for an appointment.
- Emergency patients should be seen immediately.

After business hours, providers are required to offer arrangements for access to a covering physician, or have an answering service, triage service or voice message that directs members how to access urgent and emergency care.

Contracted providers are required to participate in an after-hours care survey that is conducted annually to ensure members receive adequate after-hours care from our primary care practitioner network.
Prepare new parents

The first few months of a baby’s life can feel overwhelming to mom and dad. You can help them keep immunizations on their to-do list.

Prepare new parents for the schedule of shots and offer them the following chart:

### IMMUNIZATION CHART

<table>
<thead>
<tr>
<th>BIRTH</th>
<th>1 MONTH</th>
<th>2 MONTHS</th>
<th>4 MONTHS</th>
<th>6 MONTHS</th>
</tr>
</thead>
<tbody>
<tr>
<td>HepB</td>
<td>· · · · · · · · HepB</td>
<td>· · · · · · · · HepB</td>
<td>HepB</td>
<td></td>
</tr>
<tr>
<td>RV</td>
<td>RV</td>
<td>RV</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DTaP</td>
<td>DTaP</td>
<td>DTaP</td>
<td></td>
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</tr>
<tr>
<td>Hib</td>
<td>Hib</td>
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<tr>
<td>PCV</td>
<td>PCV</td>
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<td>IPV</td>
<td>IPV</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>VACCINE</td>
<td>DISEASE(S)</td>
<td>VACCINE</td>
<td>DISEASE(S)</td>
<td>VACCINE</td>
</tr>
<tr>
<td>HepB</td>
<td>Hepatitis B</td>
<td>DTaP</td>
<td>Diphtheria, tetanus, pertussis</td>
<td>PCV</td>
</tr>
<tr>
<td>RV</td>
<td>Rotavirus</td>
<td>Hib</td>
<td>Haemophilus influenzae type b</td>
<td>IPV</td>
</tr>
</tbody>
</table>

The CDC estimates that the vaccination of kids born between 1994 and 2013 will prevent 322 million illnesses and 732,000 deaths.

A shot at better health

MHS Health Wisconsin requires all members under the age of 18 to be immunized by their doctors unless medically contraindicated or against the parents’ religious beliefs.

Children must be immunized during medical checkups according to the current Advisory Committee for Immunization Practices (ACIP) Schedule. The most up-to-date recommendation for kids up to 18 years old and can be found at [www.cdc.gov/vaccines/schedules](http://www.cdc.gov/vaccines/schedules).

MHS/NHP refers to the Badgercare Plus and Medicaid SSI members of MHS Health Wisconsin and Network Health Plan.