

# Suicide Prevention

Supporting healthcare providers, employing skilled clinicians, utilizing data to identify those at risk, and engaging individuals in their recovery through best practice interventions can save lives. As one of the largest managed care organizations in the country serving some of the most vulnerable individuals, Centene, MHS Health's parent company, is dedicated to strengthening access to suicide care, partnering with providers in the delivery of care, and harnessing the power of innovative technology to help individuals live their lives to their fullest.

#### THE PROBLEM

Suicide is a highly prevalent — yet preventable — cause of death.

- > Over 49,000 people died by suicide in 2023 1
- > One death every 11 minutes 1
- > Suicide is the **2nd leading cause of death** among people aged 10-342
- > There were nearly two times as many suicides (49,476) in the United States as there were homicides (24,849).2

Suicide and nonfatal self-harm cost the U.S. economy about \$510 billion per year, most of which comes from lost life years due to suicide among working-aged people who die prematurely and no longer contribute economically.3

### **CHOOSE TOMORROW SUICIDE PREVENTION PROGRAM**

Those who struggle with thoughts of suicide often do not have access to interventions that could save their lives. Centene's Choose Tomorrow™ suicide prevention program strengthens access to suicide care, delivering evidence-based interventions, and harnessing the power of innovative technology to help individuals live their lives to their fullest.

### The Impact of Choose Tomorrow





100% of enrolled members connected to needed services



Decreased inpatient admissions



Fewer unnecessary ER visits



# **Early Risk Identification**

Choose Tomorrow's risk model uses advanced data and machine learning to generate individualized risk profiles based on research in suicidology, behavioral health, and social determinants of health. These insights guide care management outreach for early screening, timely support, referrals, and provider engagement to enable fast, effective intervention.

# **Engagement and Intervention**

Care managers receive ongoing, expert-led training to engage at-risk individuals with empathy and evidence-based methods. Outreach is personalized, including assessments and clinically validated safety planning tools that help members build coping strategies and identify support resources tailored to their needs.