

SUBMIT TO
Utilization Management Department
 Phone: 1.888.713.6180 Fax: 1.877.725.7751



OUTPATIENT TREATMENT REQUEST FORM

Date _____ Please print clearly – incomplete or illegible forms will delay processing.

MEMBER INFORMATION

Name _____
 DOB _____
 Member ID # _____

PROVIDER INFORMATION

Provider Name (print) _____
 Provider/Agency Tax ID # _____
 Provider/Agency NPI Sub Provider # _____
 Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

*Primary _____
 Secondary _____
 Tertiary _____
 Additional _____
 Additional _____

Has contact occurred with PCP? Yes No

Date first seen by provider/agency _____

Date last seen by provider/agency _____

FUNCTIONAL OUTCOMES (TO BE COMPLETED BY PROVIDER DURING A FACE-TO-FACE INTERVIEW WITH MEMBER OR GUARDIAN. QUESTIONS ARE IN REFERENCE TO THE PATIENT).

- | | | |
|--|----------------------------------|---------------------------------|
| 1. In the last 30 days, have you had problems with sleeping or feeling sad? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 2. In the last 30 days, have you had problems with fears and anxiety? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 3. Do you currently take mental health medicines as prescribed by your doctor? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |
| 4. In the last 30 days, has alcohol or drug use caused problems for you? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 5. In the last 30 days, have you gotten in trouble with the law? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 6. In the last 30 days, have you actively participated in enjoyable activities with family or friends (e.g. recreation, hobbies, leisure)? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |
| 7. In the last 30 days, have you had trouble getting along with other people including family and people out of the home? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |
| 8. Do you feel optimistic about the future? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |
| 9. Are you currently employed or attending school? | <input type="checkbox"/> Yes (0) | <input type="checkbox"/> No (5) |
| 10. In the last 30 days, have you been at risk of losing your living situation? | <input type="checkbox"/> Yes (5) | <input type="checkbox"/> No (0) |

Therapeutic Approach/Evidence Based Treatment Used

LEVEL OF IMPROVEMENT TO DATE

- Minor Moderate Major No progress to date Maintenance treatment of chronic condition

Barriers to Discharge

SYMPTOMS

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
Anxiety/Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hyperactivity/Inattn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased Energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Irritability/Mood Instability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Impulsivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other Psychotic Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Angry Outbursts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other (include severity): _____				

FUNCTIONAL IMPAIRMENT RELATED SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

	N/A	Mild	Moderate	Severe		N/A	Mild	Moderate	Severe
ADLs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Work/School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Drug(s) of Choice: _____				
Last Date of substance use: _____									

