

OUTPATIENT TREATMENT REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

Date _____

MEMBER INFORMATION

Name _____
 DOB _____
 Member ID # _____

PROVIDER INFORMATION

Provider Name (print) _____
 Provider/Agency Tax ID # _____
 Provider/Agency NPI Sub Provider # _____
 Phone _____ Fax _____

CURRENT ICD DIAGNOSIS

*Primary _____
 Secondary _____
 Tertiary _____
 Additional _____
 Additional _____

Has contact occurred with PCP? Yes No

Date first seen by provider/agency _____

Date last seen by provider/agency _____

FUNCTIONAL OUTCOMES (TO BE COMPLETED BY PROVIDER DURING A FACE-TO-FACE INTERVIEW WITH MEMBER OR GUARDIAN. QUESTIONS ARE IN REFERENCE TO THE PATIENT).

1. In the last 30 days, have you/your child had problems with sleeping or feeling sad? Yes (5) No (0)
2. In the last 30 days, have you/your child had problems with fears and anxiety? Yes (5) No (0)
3. Do you/your child currently take mental health medicines as prescribed by your doctor? Yes (0) No (5)
4. In the last 30 days, has alcohol or drug use caused problems for you or your child? Yes (5) No (0)
5. In the last 30 days, have you/your child gotten in trouble with the law? Yes (5) No (0)
6. In the last 30 days, have you/your child actively participated in enjoyable activities with family or friends (e.g. recreation, hobbies, leisure)?
 Yes (0) No (5)
7. In the last 30 days, have you/your child had trouble getting along with other people including family and people out the home?
 Yes (5) No (0)
8. Do you/your child feel optimistic about the future? Yes (0) No (5)
- Children Only**
9. In the last 30 days, has your child had trouble following the rules at home or school? Yes (5) No (0)
10. In the last 30 days, has your child been placed in state custody (DCF criminal justice)? Yes (5) No (0)
- Adults Only**
11. Are you currently employed or attending school? Yes (0) No (5)
12. In the last 30 days, have you been at risk of losing your living situation? Yes (5) No (0)

Therapeutic Approach/Evidence Based Treatment Used

LEVEL OF IMPROVEMENT TO DATE

- Minor
 Moderate
 Major
 No progress to date
 Maintenance treatment of chronic condition

Barriers to Discharge

SYMPTOMS

| | N/A | Mild | Moderate | Severe | | N/A | Mild | Moderate | Severe |
|-----------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Anxiety/Panic Attacks | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Hyperactivity/Inattn. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Decreased Energy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Irritability/Mood Instability | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Delusions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Impulsivity | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Depressed Mood | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Hopelessness | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Hallucinations | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Other Psychotic Symptoms | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Angry Outbursts | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Other (include severity): _____ | | | | |

FUNCTIONAL IMPAIRMENT RELATED SYMPTOMS (IF PRESENT, CHECK DEGREE TO WHICH IT IMPACTS DAILY FUNCTIONING.)

| | N/A | Mild | Moderate | Severe | | N/A | Mild | Moderate | Severe |
|-----------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| ADLs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Physical Health | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Relationships | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Work/School | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Substance Abuse | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Drug(s) of Choice: _____ | | | | |
| Last Date of substance use: _____ | | | | | | | | | |

RISK ASSESSMENT

Suicidal: None Ideation Planned Imminent Intent History of self-harming behavior
 Homicidal: None Ideation Planned Imminent Intent History of self-harming behavior
 Safety Plan in place? (If plan or intent indicated): Yes No
 If prescribed medication, is member compliant? Yes No

CURRENT MEASUREABLE TREATMENT GOALS

REQUESTED AUTHORIZATION (PLEASE CHECK OFF APPROPRIATE BOX TO INDICATE MODIFIER, IF APPLICABLE.)

| SERVICE | DATE SERVICE STARTED | FREQUENCY: How Often Seen | INTENSITY: # Units Per Visit | Requested Start Date for this Auth | Anticipated Completion Date of Service |
|---------|----------------------|---------------------------|------------------------------|------------------------------------|--|
|---------|----------------------|---------------------------|------------------------------|------------------------------------|--|

BEHAVIORAL HEALTH OUTPATIENT SERVICES

| | | | | | |
|--|--|--|--|--|--|
| Alcohol & Drug Abuse Services Families and Couples <input type="checkbox"/> T1006(1 hour units) | | | | | |
| Alcohol & Drug Intervention Services <input type="checkbox"/> H0022(1 hour units) | | | | | |
| Behavioral Health Outpatient Services (billed with CPT codes): <input type="checkbox"/> Individual <input type="checkbox"/> Group Therapy <input type="checkbox"/> Family Therapy | | | | | |

IF YOU ARE A NON PARTICIPATING PROVIDER ONLY, PLEASE INDICATE HERE ANY ADDITIONAL CODES YOU ARE REQUESTING AUTHORIZATION FOR:

OTHER CODE(S) REQUESTED:

| | | | | | |
|--------------------------|--|--|--|--|--|
| <input type="checkbox"/> | | | | | |
| <input type="checkbox"/> | | | | | |
| <input type="checkbox"/> | | | | | |

Have traditional behavioral health services been attempted (e.g. individual/family/group therapy, medication management, etc.) and if so, in what way are these services alone inadequate in treating the presenting problem?

Additional Information?

Provider Signature _____ Date _____

Provider Signature _____ Date _____

Please feel free to attach additional documentation to support your request (e.g. updated treatment plan, progress notes, etc.)

SUBMIT TO
Utilization Management Department
 Phone: 800-589-3186 FAX 1.866.694.3649