

# Initiation and Engagement of Alcohol and Other Drug Abuse Treatment (IET)

MHS Health Wisconsin strives to provide quality healthcare to our membership as measured through HEDIS quality metrics. HEDIS is a set of standardized performance measures developed by the National Committee for Quality Assurance (NCQA) which allows direct, objective comparison of quality across health plans.

The Initiation and Engagement of Alcohol and Other Drug Abuse Treatment (IET) is a HEDIS measure that looks at the percentage of adolescent and adult enrollees with a new episode of alcohol or other drug abuse (AODA) who receive the following:

**Initiation of Treatment:** The percentage of individuals who initiate treatment through an inpatient AODA admission, outpatient visit, intensive outpatient visit or partial hospitalization within 14 days of the diagnosis.

**Engagement of AODA Treatment:** The percentage of individuals who initiated treatment and who had two or more additional services with a diagnosis of AODA within 34 days of the initiation visit.

#### How can you help?



**Screen for it:** Please incorporate substance use questions or tools upon intake and upon yearly treatment plan review, at a minimum.



Follow up: When substance abuse is identified, it's very important to schedule appropriate follow-up treatment. For newly diagnosed patients, in particular, we ask that you schedule 3 follow-up appointments within the first 34 days. Increased intensity of contact in early stages of treatment will help to address the concerns as timely as possible and help to keep the patient connected and motivated for treatment.



**Document it:** If substance abuse is identified, be sure to document it and code it on any claims submitted. When substance abuse is no longer a diagnosis be sure to remove the code from any claims submitted.



**Educate:** It's important to educate patient on the effects of substance abuse. Substance abuse often coincides with other behavioral health problems, like major depression or anxiety disorders, which can make treating substance abuse or diagnosing a behavioral health disorder more difficult. In instances like these, referral to a behavioral health provider is prudent. MHS Health Wisconsin can help. Call our Provider Inquiry Line at (800) 222-9831.

Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET) HEDIS Measure

Measurement year (MY) is defined as the calendar year in which care is rendered

## Which Members Meet the Measure?

**Initiation Phase:** Members who initiate treatment through an inpatient AODA (Alcohol and Other Drug Abuse) admission, outpatient visit, intensive outpatient encounter or partial hospitalization within 14 days of the diagnosis.

**Engagement Phase:** Members who initiate treatment and have two or more additional services with a diagnosis of AODA within 34 days of the initiation visit.

**Note:** When the initiation of AODA treatment and the initial date of service during the intake period (January 1 of the MY – November 15 of the MY) occur on the same day, they must be with different providers.

### **Eligible Member Population**

Members 13 years and older as of December 31 of the MY, with a new episode of alcohol and other drug abuse (AODA) between January 1 and November 15 of the MY (intake period) who had one of the following:

- An outpatient, intensive outpatient or partial hospitalization visit with a diagnosis of AODA
- · A detoxification visit
- · An ED visit
- · An inpatient discharge with a diagnosis of AODA
- A negative diagnosis history: (AODA within 60 days)

### **Codes to Identify AODA Dependence**

**ICD-10-CM:** F10.20, F10.220, F10.221, F10.229, F10.230, F10.231, F10.232, F10.239, F10.24, F10.250 F10.251, F10.259, F10.26, F10.27, F10.280, F10.281, F10.282, F10.288, F10.29

**Opioid Dependence ICD-10-PCS:** F11.20, F11.220, F11.221, F11.222, F11.229, F11.23, F11.24, F11.250, F11.251, F11.259, F11.281, F11.282, F11.288, F11.29

**Cannabis Dependence ICD-10-PCS:** F12.20, F12.220, F12.221, F12.222, F12.229, F12.250, F12.251, F12.259, F12.280, F12.288, F12.29

**Cocaine Dependence ICD-10-PCS:** F14.20, F14.220, F14.221, F14.222, F14.229, F14.23, F14.24, F14.250, F14.251, F14.259, F14.280, F14.281, F14.282, F14.288, F14.29

**Hallucinogen Dependence ICD-10-PCS:** F16.20, F16.220, F16.221, F16.229, F16.24, F16.250, F16.251, F16.259, F16.283, F16.288, F16.29

**Inhalant Dependence ICD-10-PCS:** F18.20, F18.220, F18.221, F18.229, F18.24, F18.250, F18.251, F18.259, F18.27, F18.280, F18.288, F18.29

Consult Covered Services Guidelines For Codes to Identify Outpatient, Intensive Outpatient, and Partial Hospitalization Visits.